



# Fostering a Healthy Campus

1

1. Working well: The employee experience (#1, #2, #3)
2. Promoting well-being (#4, #5, #6)
3. Being well in our spaces (#7)
4. Being well as we teach and

1. Assess employee roles and identify those that can have a traumatizing effect on employees that can have a traumatizing

**4. Develop and promote educational opportunities on mental health and well-being.**

*Develop a mental health and well-being literacy program for faculty, staff and students using the expertise of the Dalhousie community and external resources to equip members of our community with skills needed to live well, to improve health, and to create a caring environment.*

*The program will go beyond the provision of services, will be inclusive of a shared responsibility for community well-being, will include a health promotion frame, and could involve a credit-based curriculum.*

**5. Develop a collection of actionable well-being projects that academic and administrative units can draw from.**

**6. Create a central repository of resources, information about activities, and collaboration opportunities.**



**10. Develop ways for the Campus Well-being initiatives to be accountable to the community.**

**Note:**

| <i>Working well: The employee experience</i> |  |
|--|--|
|  |  |
|  |  |
|  |  |
|  |  |





*Being well as we teach and learn*



***Accountability for well-being***

|  |  |
|--|--|
|  |  |
|  |  |